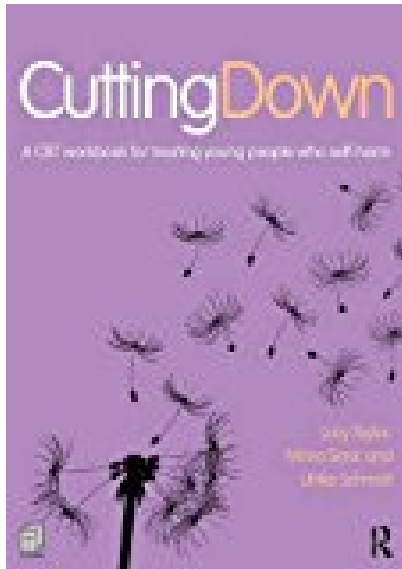


# Cutting Down A CBT workbook for treating young people who self-harm

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## BOOK DETAILS

- Author : Lucy Taylor
- Pages : 236 Pages
- Publisher : Routledge
- Language : English
- ISBN : 0415624533



## BOOK SYNOPSIS

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